







Parent's Pledge 2016

My Most Important Pledge in 2016

-  **I resolve to talk to my children** about the dangers of drugs and alcohol and give them the tools they need to stay substance free.
-  **I resolve to learn** all I can about NH's problems with youth drug and alcohol use so I am armed with information.
-  **I resolve to investigate** proven strategies to start meaningful conversations with my kids so the lines of communication remain wide open.
-  **I resolve to seek help** or guidance if at any time I feel my kids may be involved in illicit drug or alcohol use.

For more information, please contact Nancy Jackson-Reno, Executive Director, Partnership for a Drug-Free NH at 603.225.9540, ext. 121 or njacksonreno@drugfreenh.org

This is my promise to protect my family in 2016.

Please email to njacksonreno@drugfreenh.org or mail to PDFNH 10 Ferry St. Suite 307, Concord, NH 03301

To submit your pledge online, go to:

www.checkthestatsnh.org/parentpledge



Name

Date

E-mail Address